

# YOU ARE YOUR CHILD'S FIRST AND MOST INFLUENTIAL TEACHER



Parents as Teachers (PAT) is a FREE, voluntary, family education and support program for parents of children ages 0 to 5 (*child can be enrolled at 3 years of age*).

PAT is designed to strengthen parent-child relationships while encouraging progressive language development and improving social and motor skills through suggested activities from certified Parent Educators.

Every participating PAT family will receive:

- **Personal / Virtual/ Telecommunication Visits**—are the heart of the program. PAT Parent Educators, trained in child development and home visiting, help parents understand and have appropriate expectations for each stage of their child's development. Parents get practical suggestions for stimulating positive learning opportunities and managing challenging behaviors.
- **Group Connections**—provide an outlet for sharing experiences, gaining insight, and expressing concerns with other parents. Meetings may include guest speakers on topics such as sleeping, toilet training, and positive discipline.
- **Developmental Screenings**— are designed to evaluate your child's overall development, as well as health, hearing, and vision. Early detection may resolve developmental delays before formal schooling begins.
- **Resource Networking**— is available through PAT to meet other essential family needs.

## Enroll Today!

*Your family deserves the support of*

## Parents as Teachers

*Your baby is born to learn.*

*Give your child the best possible start in life!*

**If you would like to enroll in the program or would like additional information please call:**

**219-228-2572**

**[www.mhanwi.org](http://www.mhanwi.org)**

# YOU ARE YOUR CHILD'S FIRST AND MOST INFLUENTIAL TEACHER