



CROWN POINT LIBRARY PARENT BOOK CLUB

2026 TITLES
QUARTERLY | MONDAY | 6 P.M.
AT THE CROWN POINT LIBRARY

Our quarterly **Parent Book Club** is designed to engage entire families while providing parents with valuable resources for supporting their children's mental health and development.

What makes this book club special?

- Family-friendly format with childcare built in
- Carefully selected books focusing on child development and mental health
- Quarterly meetings that fit busy schedules
- Free book lending (20 copies available per selection)
- Connection with like-minded parents in our community

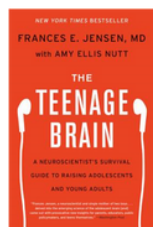
Monday, March 9 at 6 p.m. | Meeting Rms 2 & 3 ***Bringing Up Béb *** by Pamela Druckerman

Pick up your copy starting February 9 at the front desk!

Bringing Up B    by Pamela Druckerman explores French parenting techniques, contrasting them with American methods, and highlights how French children learn to sleep through the night, eat diverse foods, and develop self-control through a framework of firm but flexible boundaries, encouraging independence, and allowing parents to maintain their own lives.



Bring the whole family: While parents talk, little ones (ages 0–5) can enjoy toys and coloring in the same room, and children ages 6–12 can take part in activities in the adjacent meeting room.



Mark Your Calendar:

- **June 15:** *There's No Such Thing as Bad Weather* by Linda Akeson McGurk
- **September 14:** *The Teenage Brain* by Frances E. Jensen & Amy Ellis Nutt

Sponsored by the Crown Point Rotary Club as part of its support of community mental health programming in partnership with the Crown Point Community Library